



Bruin Voices

Lake Braddock Secondary

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Newsletter of the LBSS Parent**Teacher**Student** Association

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Message from the President, Robert Shaw

Dear Lake Braddock Parents, Teachers, and Students,

I had the pleasure of speaking to some students recently and I could feel the tension in their voices as they reflected on the upcoming SOL and AP examinations. At the time I encouraged them to do their best and to seek help both from parents and teachers if things were beginning to overwhelm them. Let me take a few minutes to pass on some of what we discussed. Students let me encourage you to keep your eyes on the prize and know that there is no substitute for hard work. Realize that as parents we know that your are getting 'tons" of home work, papers are due and the time to study for SOLs, APs, and end of year exams is always shrinking. Don't despair, you can do it. Here are a few quick pointers that may help you: always read the full question and make sure that you are answering what is being asked, when in doubt seek clarification, always know when your projects/assignments are due and manage your time wisely so that you can turn-in your work on time. If for any reason you know that you can't meet a suspense talk to your teachers as soon as possible, depending on the circumstances you may be able to work something out. Set aside enough time to thoroughly study for your tests and exams (constant reviews always trumps last minute cramming). And finally, make sure you get adequate amount of rest/sleep before you do a test or take an examination. One more...I promise that this is it..."Don't skip breakfast!" Let me wish everyone great success, in your academic endeavors and on the sports field. Let me share a passage that I learnt as a small child in Jamaica many, many years ago by Longfellow: "The heights by great men reached and kept / Were not attained by sudden flight, / But they, while their companions slept, / Were toiling upward in the night."

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Attention Seniors!

The 2010 PTSA Scholarship is now available for your application. As in the past there will be several \$500.00 scholarships offered to qualified students. You can get a copy of the application from the LBSS Scholarship data base in the Career Center or download it from the PTSA Website ([lbssptsa.org](http://www.lbssptsa.org)). The link is http://www.lbssptsa.org/scholarship_2010.pdf

Please note that the deadline for turning in your applications to the Career Center is NOON, April 23, 2010. The PTSA looks forward to receiving your applications and also would like to wish you all the very best in your future endeavors.

Bruin Voices is published by the LBSS PTSA.
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"The person who makes a success of living is the one who sees his goal steadily and aims for it unwaveringly. That is dedication."

- Cecil B. DeMille

Class of 2010 Graduation Events and Announcements

Baccalaureate

All graduating seniors, families, and friends are invited to attend the 2010 Lake Braddock Baccalaureate ceremony at 7:30 p.m. on Thursday, June 17, 2010, at Immanuel Bible Church. This year's theme is "GRAD-itude." Graduates are encouraged to participate. Auditions will be held during the first two weeks in May. Watch the Senior Facebook page for more info on specific dates. Start reflecting on your thankfulness for all you have achieved and all you will achieve in the future thanks to your Lake Braddock experience! This month, seniors will be voting during English class to choose a faculty speaker for the event. They can also request a specific teacher .

We need volunteers to help with the event. Please contact Janelyn Price at Janelprice@aol.com. The Baccalaureate is a traditional, nondenominational ceremony to celebrate graduation. This program is sponsored by the PTSA and funded by family donations. We are seeking donations to pay for printing materials and the cost of renting the facility, including the audiovisual tech. Please send donations to Baccalaureate Ceremony, c/o Judy Diokino, PTSA Treasurer, P.O. Box 11252, Burke, VA 22015. Please join us in celebrating our wonderful graduating seniors and their families!

Note: Baccalaureate is a PTSA-sponsored event. It is not affiliated with FCPS.

Party! Party!

Seniors, don't forget to turn in your registration forms for this year's **All Night**

Graduation Party! ANGP is on **June 21 from 11:00 P.M.-5:00 A.M.** at the Audrey Moore Recreation Center. Many parents have been busy planning a night filled with activities, food and fun! Try your hand in the "casino," go for a bungee run, have your caricature drawn, make memories in the photo booth, enjoy a swim in the pool and much, much more!

Prize drawings will be held throughout the night and a smorgasborg of food will be available in the cafe. Especially exciting is the ANGP "store", where you can buy lots of great stuff with all the "money" you've won at the various activities.

Register now-cost is \$65. Reservation forms can be found at LBSSPTSA.org.

Parents: some committees still need volunteers. We need transportation help, set up help, and shift help for both the first and second shifts. We'll also need "fresh muscles" the next morning to take everything down. Please plan to be involved in this terrific event!!



MPEE Awards Banquet

The MPEE will host its annual awards banquet May 6, 2010 in the school cafeteria at 6:30 p.m. Our silent auction--open to faculty, parents, and students May 4/5 from 2-5 pm in Room L167—features two round-trip tickets from Jet Blue, 6 park hopper passes from Disney World, gift cards to restaurants, tickets to water parks and miniature golf, gift baskets from Saks Fifth Avenue, spa treatments, and hair salon makeovers.

Proceeds from our fundraising activities go towards scholarships awarded each year at our banquet.

For more information, contact Claudia T. DeBose President, MPEE, ctdebose@fcps.edu, ctdebose@cox.net

And Now, a few Words from Robert Shaw, PTSA President

[Students get your applications in now!](#)

The PTSA scholarship is currently open for applications. Seniors have until Noon on April 23, 2010 to turn in their applications to the LBSS Career Center. Applications may be obtained from the PTSA website or at the career center.

[Need to get the word out fast?](#)

Don't forget that our PTSA E-news is up and running. If you need to get something out to the PTSA audience, please send an email to Eileen McGarry at PTSAnews@cox.net

Art Show

The Lake Braddock Art Department is sponsoring its first Juried Art show, "*In the Beginning*" on April 29, 2010 from 6-8 pm. Students are excited with the opportunity to display the incredible work they created in their art classes during their academic career at LBSS. There will be one man shows, mini showcases, and single art pieces. Feeder elementary schools will also show works created by students whom have taken art classes at their school this year.

April 29, the community is invited to come to see the art and enjoy the reception. Students will provide entertainment. We need volunteers to make this event a real success. Please contact: **Karen Tapper: President of the Bruin Art Boosters (BAB)** karentapper@msn.com.

Make a Difference—Volunteer

Bruin Cubs is looking for volunteers to mentor and/or tutor middle school students in their core subjects, either after-school or during lunch. Just 30 minutes a week will make a difference. Sometimes a little extra attention, a nudge to turn in their homework, or a shoulder to lean on will make the difference. We need adults and high school students. Please contact Michelle Birkenstock, After-School Specialist at PMBirkenstock@fcps.edu, 703-426-6428, or Stephen Siegell, After-School Asst, at SMSiegell@fcps.edu, 703-307-4379.

Lake Braddock Secondary School Parent ** Teacher ** Student ** Association

Message from the President, continued from page 1

By now I hope that both parents and students have recovered from the sore muscles that were acquired during the mulch sale. I had the privilege of doing one of the routes on Saturday morning and I have nothing but praise and compliment for my crew...they were fantastic. Everyone worked hard but at the same time we all enjoy the moment and each others company. Let me take this opportunity on behalf of the PTSA to say "Thanks for a job well done" to everyone who participated in the mulch sale.

The PTSA will conduct elections at the General Membership Meeting Tuesday May 11. The Nominating Committee assembled a slate of officers for next year . Their recommendations are:

President:	Robert Shaw	1 st Vice President	Patti Rothwell
2 nd Vice President	Angela Nesley	3 rd Vice President	Tammy Kafami
Secretary	Cynthia Dupuy	Treasurer	Judy Dioquino

Anyone interested in running for an office or who has questions about serving on the Executive Committee, should contact John O. Long, III at lbptsapres@verizon.net. Nominations for officers' positions will also be taken from the floor at the General Membership Meeting.

Robert Shaw, PTSA President 09-10, rshaw@lmi.org

TJ Application Information

Applications for the 2010-2011 sophomore and junior class at Thomas Jefferson High School for Science and Technology (TJHSST) are due by June 1, 2010. There are no exceptions to the June 1, 2010 deadline. Applications materials, instructions, and a brochure describing the school and explaining the admissions process are available for students applying to the sophomore class (10th grade) from Mrs. Allison in the Student Services Department. If you are applying to the junior class (11th grade), your application is only available from the TJ Admissions Office. You must submit a copy of your high school transcript to the TJ Admissions Office in order to obtain the application.

All application materials for THJSST should be turned in to Mrs. Allison, the designated counselor assisting applicants and their parents, no later than June 1, 2010. Applicants may also submit their applications directly to the TJHSST Admissions Office (no later than June 1, 2010), after obtaining a transcript from Mrs. Allison.

The TJ admissions process is competitive. Students are admitted to the sophomore and junior classes on a space-available basis and acceptances, therefore, are minimal. Freshmen may apply to the sophomore class at TJHSST whether or not they have applied before. **Sophomores are only eligible to apply for the junior class if they have not applied previously to TJ.**

Students can find more information regarding the TJHSST admissions process for sophomores and juniors at www.TJAdmissions.org. Click on "Sophomores & Juniors."